



MenoGen

Decision-support genetics for personalized care across the menopausal transition



This test is designed for

Purpose: A genetics-guided clinical approach providing actionable insights into hormonal health, supporting healthcare professionals in the personalized management of perimenopausal and menopausal symptoms through targeted supplementation, including:

- Comprehensive genetic results.
- Personalized hormone treatment support proposal.
- General lifestyle and supplementation recommendations.

Who is it for:

- Women aged 40-60 years.
- Perimenopausal and menopausal patients.
- Women with menopause-related symptoms requiring personalized care.

What is analyzed: Analyzes 34 genetic variations across 9 clinically relevant areas, integrating genetic and clinical information to support personalized recommendations.

9 Key Areas:

1. Estrogen synthesis
2. Estrogen metabolism and detoxification – Phase I
3. Estrogen metabolism and detoxification – Phase II
4. Estrogen transport
5. Thrombophilia predisposition and cardiovascular risk
6. Osteoporosis risk and bone health
7. Brain health
8. Folate metabolism
9. Choline requirements

What the report provides:

Menopause-focused genetic insights:
Related to hormonal balance and long-term health.

Hormonal therapy recommendations:
Guidance on hormone therapy options, including suggested formulations and dosing guidance.

Nutraceutical guidance:
Nutraceutical recommendations based on key hormonal pathways.

Penefits:

Prescribers

- Structured support for the assessment of menopause-related hormonal and health factors.
- Clinical guidance to inform hormone therapy selection, including hormone types, combinations, and dosage.
- Decision support for the appropriate use of nutraceuticals based on hormonal pathway considerations.

Patients

- Personalized symptom management during the perimenopausal and menopausal transition, reducing trial and error.
- Improved understanding of individual hormonal health, supporting confidence and treatment adherence.
- Long-term wellbeing through care strategies aligned with individual hormonal needs.

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